THE MOM MCGRAIL MEMORIAL SCHOLARSHIP 9th Annual 5K Run ~ Walk Saturday, August 3, 2019

STARTS AND FINISHES AT STAMFORD CENTRAL SCHOOL 1 RIVER STREET, STAMFORD, NEW YORK

2019 Marks the 2nd year we have joined the "Run Wild Racing Series" For details checkout: www-runwildinthecatskills.com

Come join us in memory of Kathleen "Mom" McGrail:

- to raise money for the scholarship in her name
- to share and make memories
- to increase awareness of Ovarian Cancer

Registration: begins at 8:00am at Stamford Central School **Registration Fee:** \$25 for Adults, \$15 for students, 10 & under free

Participants of Girls on the Run are invited to run for free!!! Please wear your GOTR T-shirt during the race. Please make all checks out to: The Mom McGrail Foundation

<u>First Na</u>	ame:	Last I	Name				Male	2	Fema	ale
Addres	ss:		City				State	2	Zip	
Email: Phone:					Age	Age as of Aug 11, 2018:				
<u>T-shirt</u>	size (please circle one)	Youth: S	М	L	XL	Adult: S	М	L	XL	XXL
ASSUMPTION OF RISK AGREEMENT: Read before signing Organization Name: Mom McGrail Foundation Participant Name:										
In consideration of being allowed to participate in any way in the program, related events and activities, I the undersigned, acknowledge, appreciate, and agree that:										
1. 2. 3. 4.	The risk of injury from the ad I KNOWINGLY AND FREELY A RELEASEES or others, and as I willingly agree to comply w participation, I will remove r I, for myself and on behalf o THE <u>Mom McGrail Foundati</u> arising out of or related to a FROM THE NEGLIGENCE OF	ASSUME ALL SUCH ssume full respons with terms and con myself from partic of heirs, assign, per ion, it's officers, o nny INJURY, DISABI	RISKS, bo ibility for ditions fo ipation ar sonal rep fficials, ag LITIY OR D	oth know my parti or particip nd bring s resentat gents and DEATH I n	n and unkn cipation. pation. If I o such to the ive and nex //or employ nay suffer, o	own, EVEN IF ARIS observe any unusu attention of the n t of kin, HEREBY R rees, other from ar or loss or damage	al significar earest offici ELEASE, INE by and all cla to person o	THE NEGI nt hazard ial immed DEMNIFY, aims, den	LIGENCE O during my liately. AND HOLE nands, loss	F THE presence or D HARMLESS es and liability

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTANT THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant's Signature:	Age:	Date:
Parent / Guardian Signature if Under 18:		
-		